

Amanda Radtke, LMFT

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Current Licenses

State of Washington, Marriage and Family Therapist, LF 60159362

State of California, Marriage and Family Therapist, LMFT 43585

Education

University of San Francisco, CA

Master of Arts, Counseling Psychology, 2001

Emphasis: Marriage, Family, and Child Counseling

California State University, Sacramento, CA

Master of Science, Criminal Justice, 1997

University of the Pacific, Stockton, CA

Bachelor of Arts, Sociology, 1994

Current Employment

Mindful Therapy Group, Mountlake Terrace, WA

Licensed Marriage and Family Therapist

May 2011 - current

- Provide individual, couples, and family therapy specializing in Eating Disorders, Chemical dependence, At-risk adolescents and adults, Mood Disorders such as depression and anxiety
- Psychosocial and Psychiatric Evaluations
- Coordination of Care with multidisciplinary care team including Social Workers, Psychiatry, Probation Officers, Lawyers and Physicians

Gentiva/Rehab Without Walls, Mountlake Terrace , WA

Licensed Marriage and Family Therapist

2010 - current, part-time

- Provide individual, couples, and family therapy for clients at the pediatric outpatient rehabilitation clinic.

Relevant Experience

Sharper Future, San Francisco, CA

Forensic Clinician

2008-2009

- Provided Social Habilitation and Relapse Prevention services to a diverse population involved in the criminal justice system.
- Conducted psychological assessments and prepared written reports for the referring United States Federal Probation Officers and California State Parole Officers.
- Provided one-on-one mental health counseling services to probationers and parolees with mental health issues, including sexual offenders and substance abusers.
- Facilitated group psychotherapy for sexual offenders and substance abusers using a relapse prevention/cognitive behavioral model.

Summit Eating Disorders & Outreach Program, San Francisco, CA

Licensed Marriage and Family Therapist

2007-2008

- Conducted psychosocial assessments and prepared written reports using PsychAdvantage Business Systems software.
- Provided individual, family, couples, and group psychotherapy with adolescents and adults diagnosed with Anorexia, Bulimia and disordered eating.
- Facilitated case management of patient caseload, including consultation with the patient's previous providers and primary care physician. This included care reviews with patients insurance company.

YMCA -Youth Services Bureau, South San Francisco, CA

Staff Intern Clinician

2001 - 2005

- Conducted family therapy for at-risk youth and their families. Addressed issues of anger management, conduct disorder/oppositional defiant behavior, divorce, low self-esteem, body image, depression, suicidal ideation and physical abuse.
- Provided individual therapy for adults. Issues worked on included depression, anxiety, adjustment disorders, grief/loss, parenting and co-parenting, family conflict, social discomfort and body image/eating concerns.
- Maintained current case files on all clients, including assessment, diagnosis and treatment planning through Medi-Cal.
- Assessed juvenile sexual offenders and provided individual and family therapy for adolescents and their families enrolled in the Juvenile Sexual Responsibility Program. Coordinated treatment with social workers, probation officers and the courts.
- Continued on-site counseling groups and individual child therapy in four elementary schools and one middle school.

North Peninsula Family Alternatives, South San Francisco, CA

Trainee

2000 - 2001

- Co-facilitated the parents group for the Juvenile Sexual Responsibility Program.
- Facilitated on-site counseling groups and individual therapy for elementary and middle school children.
- Conducted child, adolescent, and family therapy.

Professional Associations:

- The American Association for Marriage and Family Therapy – Clinical Member ID # 95050
- Washington Association for Marriage and Family Therapy

Additional Training/Certificates

- John F. Kennedy University, Eating Disorders Certificate, May 2007
- 2006 Body Image and Eating Disorders Symposium, Empowering the Soul: Finding Meaning in Recovery, Sacramento, CA
- Center for Discovery & Adolescent Change, “Family Dynamics and Eating Disorders: Enlightening the Family to Their Role in Treatment”, Burlingame, CA